



Simcoe Terrace Recreation Calendar



July

Tuck Shop
Monday, Wednesday & Friday
@10am

Foot Care
Monday, July 4th

Toothpicks Dental Clinic
Wednesday, July 13th

Location Key

AR – Activity Room SR – Sunroom
FC – Fitness Centre TR - Tearoom
EL – Elevator Lounge FL – Front Lobby
NR – North Lounge
SL – South Lounge
*Daily events are posted in the reception area & on the dining room tables. Programs or locations may change at times.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Happy Canada Day! 	2 10:15 – Morning Energizer AR 10:45 – Scrabble Club SR 6:30 – Classic Movie & Munchies AR
3 10:30 – Nickel Bingo AR 1:30 – Hymn Sing Along AR 3:30 – Wii Games AR 6:30 – Cards & Games EL	4 9:30 – Chair Exercises AR 10:30 – Carpet Bowling AR 1:30 – Brain Teasers & Trivia AR 3:00 – Remember When... TR 7:00 – Hi Way Singers Hymn Sing	5 9:30 – Muscles & Music AR 10:00 – St. John's Dogs 10:30 – Pub Games AR 1:30 – Pampering with Patti SR 2:00 – Internet Surfing! NL 6:30 – Penny Bingo AR	6 9:30 – Strength with Suzan AR 10:00 – Bible Study SR 1:15 – Relaxation & Meditation with Ruth SR 1:30 – Horse Races AR 3:00 – Happy Hour AR	7 9:30 – Muscles & Music AR 2:00 – Guitar Sing Along with Merv TR 3:30 – Shuffle Board AR 7:00 – Pub Night with Country Rogues AR	8 9:30 – Chair Exercises AR 10:30 – Penny Bingo AR 1:00 – Catholic Church SR 2:00 – Anglican Church Service AR 3:30 – Dynamic Exercise with Music AR	9 10:15 – Morning Energizer AR 10:45 – Scrabble Club AR 3:30 – Shuffle Board AR 6:30 – Classic Movie & Munchies AR
10 10:30 – Nickel Bingo AR 1:30 – Hymn Sing Along AR 3:30 – Wii Games AR 6:30 – Cards & Games EL	11 9:30 – Chair Exercises AR 10:30 – Carpet Bowling AR 1:30 – Brain Teasers & Trivia AR 3:00 – Remember When... TR 6:30 – Shuffle Board AR	12 9:30 – Muscles & Music AR 10:00 – St. John's Dogs 1:30 – Pampering with Patti SR 6:30 – Penny Bingo AR	13 9:30 – Strength with Suzan AR 10:00 – Bible Study SR 10:30 – Menu Chat AR 1:15 – Relaxation & Meditation with Ruth SR 1:30 – Horse Races AR 3:00 – Mid Day Matinee AR	14 9:30 – Muscles & Music AR 2:00 – Party on the Patio with Kenny V 6:30 – Shuffle Board AR	15 9:30 – Chair Exercises AR 10:30 – Penny Bingo AR 1:00 – Catholic Church SR 3:30 – Dynamic Exercise with Music AR	16 10:15 – Morning Energizer AR 10:45 – Scrabble Club AR 3:30 – Shuffle Board 6:30 – Classic Movie & Munchies AR
17 10:30 – Nickel Bingo AR 1:30 – Hymn Sing Along AR 3:30 – Wii Games AR 6:30 – Cards & Games EL	18 9:30 – Chair Exercises AR 10:30 – Carpet Bowling AR 1:30 – Brain Teasers & Trivia AR 3:00 – Remember When... TR 6:30 – Shuffle Board AR	19 9:30 – Muscles & Music AR 10:00 – St. John's Dogs Shopping & Lunch Trip 10:30am 6:30 – Penny Bingo AR	20 9:30 – Strength with Suzan AR 10:00 – Bible Study SR 10:30 – 1:15 – Relaxation & Meditation with Ruth SR 1:30 – Horse Races AR 3:00 – Happy Hour AR	21 9:30 – Muscles & Music AR Family BBQ with music by Doug Pettigrew! 5pm – 7pm	22 9:30 – Chair Exercises AR 10:30 – Penny Bingo AR 1:00 – Catholic Church SR 1:30 – Salvation Army Service AR 3:30 – Dynamic Exercise with Music AR	23 10:15 – Morning Energizer AR 10:45 – Scrabble Club AR 3:30 – Shuffle Board AR 6:30 – Classic Movie & Munchies AR
24/31 10:30 – Nickel Bingo AR 1:30 – Hymn Sing Along AR 3:30 – Wii Games AR 6:30 – Cards & Games EL	25 9:30 – Chair Exercises AR 10:30 – Carpet Bowling AR 2:00 – Resident Birthday Party with music by North of 50! 6:30 – Shuffle Board AR	26 9:30 – Muscles & Music AR 10:00 – St. John's Dogs 10:30 – Pub Games AR 1:30 – Pampering by Patti SR 2:00 – Internet Surfing! NL 6:30 – Penny Bingo AR	27 9:30 – Strength with Suzan AR 1:15 – Relaxation & Meditation with Ruth SR 1:30 – Horse Races AR 3:00 – Mid Day Matinee AR	28 9:30 – Muscles & Music AR 2:00 – Piano Sing Along with Dorothy 7:00 – Pub Night with Harry the Cap	29 9:30 – Chair Exercises AR 10:30 – Penny Bingo AR 1:00 – Catholic Church SR 3:30 – Dynamic Exercise with Music AR	30 10:15 – Morning Energizer AR 10:45 – Scrabble Club AR 3:30 – Shuffle Board AR 6:30 – Classic Movie & Munchies AR